

Norms for Registration and licensing of AYUSH Nursing Homes/ Private Hospitals and Clinical establishment (Specialized Therapy Centres etc.)

1. Nursing Home/ Private Hospital

A. Conditions for establishing and ISM Nursing Homes/ Private Hospitals.

No body shall open, keep or carry on an AYUSH Nursing Home/ Private Hospital without:

- i) Being registered in respect thereof and except under in accordance with the terms of a licence granted thereof.
- ii) Proper permission from Municipal Committee notified area Committee Panchayat.
- iii) Permission of Pollution Control Board for disposal of biomedical waste.
- iv) Proper permission from UEED for sewerage and drainage.

Note:- The Nursing Homes/Prviate Hospitals already established shall have to complete all the parameters/minimum standards within 3 months.

B. The terms and conditions of registration and licence of AYUSH Nursing Home including the following.

i) **BUILDING:**

1. Reception = providing information to the patients and attendants.
2. Registration and record area.
3. Rooms near the reception with space for patients subject to patients load of registration.
4. Waiting Room = Approximate = 08 sq. ft. for one third of the average daily attendant of patient.
5. Public lavatory = Separate for male and female both for patients and attendants.
6. Drinking water = Round the clock water supply.
7. Electric facility = Round the clock electric facility (Standby generation facility).
8. Fire fighting system.

9. **CLINICAL FACILITY:**

- a) Consultation room with examination facility
for both male and female separately = 200 sq. ft.
- b) Special examination room. = 200 sq. ft.
- c) Consultation rooms according to the specialty offered
(Moalijat, Jarajyat, Qabla).
- d) **Indoor Wards:**
 - Single bed = 120 sq.ft.
 - Double Bed = 140 - 160 sq. ft.
 - Three bed = 210 – 280 sq. ft.
 - Four bed = 240 – 280 sq. ft.
 - Six bed = 380 – 400 sq. ft.
- e) Ward should have facility for nursing stationed staff duty rooms with toilets, clean utility area.
- f) **Ventilation and lighting:-** The hospital must have the scientific ventilation, lighting, heating utility cooling.
- g) Clinical Lab:- A well equipped clinical lab. with equipments and reagents for routine clinical investigations is essential. A diploma holder technicians with registration.
- h) Jarahat Section/ Shalaya :- Day to day surgical instruments with emergency medicines and instruments.
- i) X-Ray plant, ECG, Ultrasonography facility.
- j) Minor Operation Theatre for treatment bil-yad.
- k) Ambulance service.

II. **MANPOWER:**

- 1. Administrator with degree in any of AYUSH stream, recognized by Competent Authority with Degree/ Diploma in Hospital Administration Management/ or having on MBA from recognized Institute.
- 2. Resident Medical Officer:- Minimum two Medical Officer with recognized degree.
- 3. Consultant:- Depending upon the type of service provided.
- 4. Nurses:- One Nurse for five beds.
- 5. Paramedical:- Depending upon type of service provided.

6. Nursing Orderlies:- Two for ten beds.
7. Dawasaz:- Pharmacists one male and one female with Diploma Certificate recognized by Government.
8. Therapy Technician:- Two Therapy Technician one male and one male each stream depending upon the services and stream provided.
9. Theatre Assistant with Diploma in Concerned subject.
10. X-Ray Technician with Diploma in concerned subject.
- iii) The Nursing Home/ Private Homes shall not be used for unsocial/ immoral purposes.
- iv) Sanitary and hygiene should be up-to mark.
- v) Record of persons received & accommodated shall be maintain properly.
- vi) Record Keeper with day to day Record keeping must submit monthly basis to the authorities
- vii) Graduate with Diploma in Degree or PB Diploma in ECG or ultra-sonography.
- viii) Anesthetist with diploma/PG in concerned subject.
- ix) Graduate Nurse as warden and diploma holders in Nurses for wards.

Note:-A certificate of registration issued to AYUSH Nursing Home/ Private Hospital shall be kept affixed in a prominent place in the Nursing Home/ Private Hospital issued by Directorate of ISM J&K Government.

Note:-A certificate of registration and license shall be valid until 31st of March next following the date on which certificate was issued.

Note:- The minimum manpower maintained above is with respect to 25 bedded AYUSH Nursing Homes which shall be increased withy increase in bed strength proportionally.

2. **SPECIALIZED THERAPY CENTRES:**

I – Panchkarma Centre Minimum required infrastructure

- | | | |
|----|---|--------------|
| 1. | Six therapy rooms (each of 200 sq. ft. area x 6) | 1200 sq. ft. |
| 2. | One OPD room | 200 sq. ft. |
| 3. | 10 Beds space for accommodation 05 male and 05 female patients. | 300 sq. ft. |
| 4. | Kitchen (existing kitchen can be utilized if Space not available) | 200 sq. ft. |

5.	Office cum record room	600 sq. ft.
6.	Change Room	200 sq. ft.
7.	Centrally heating system	200 sq. ft.
	Total	2900 sq. ft.

MANPOWER:

One Graduate AYUSH doctor with degree/ diploma/ Certificate Course from recognized Institute in Panchkarma four Therapy Technician two male and two female Pharmacist / M.F. worker.

Nursing Orderly/ Attendant	02 Nos.
Sweeper	01 No.

II- Ksharsutra Therapy Centre Minimum required infrastructure:

1.	OPD room	400 sq. ft.
2.	Operation Theater	200 sq. ft.
3.	Sterilization room (existing one can be used)	200 sq. ft.
4.	Recovery Room	200 sq. ft.
5.	Multipurpose room	200 sq. ft.
6.	10 beds 05 for male 05 female 300 sq.ft.	600 sq. ft.
7.	Office cum records room	200 sq. ft.
8.	Anesthetist	200 sq. ft.
	Total	2200 sq. ft.

MANPOWER:

1. One AYUSH doctor with Post Graduation/ Training in concerned specialty from a recognized institution.
2. Two Therapy Technician one male and one female.
3. One Pharmacist.
4. Two Nursing Orderlies.
5. One Sweeper.

III – Yoga and Naturopathy Centre Minimum required infrastructure Accommodation:

Accommodation:

i)	Yoga Hall	1200 sq. ft.
ii)	Consultation room	200 sq. ft.
iii)	Therapy Section	600 sq. ft.
iv)	Office-cum-record room	200 sq. ft.

v)	Change Room	200 sq. ft.
vi)	Toilets and bath rooms 03 for males and 03 for females (3 x 10 x10 x 2)	600 sq. ft.
	Total	3000 sq ft.

MANPOWER:

- One AYUSH doctors with degree/ diploma in concerned subject.
- Two Therapy Technicians one male and one female.
- One Pharmacist and Multipurpose worker.
- Two Nursing Orderlies.
- One Sweeper.

IV – REGIMENTAL THERAPY (ILAJ BIL TADBEER) Minimum required infrastructure

D)	<u>Dalak (Massage) Unit</u>	
i)	OPD Room	200 sq. ft.
ii)	Therapy Section (4 rooms each of 200 sq. ft.)	800 sq. ft.
iii)	10 beds (five for male and five for female) (300 sq.ft. x 2)	600 sq. ft.
iv)	Office-cum-record room	200 sq.ft.
	Total	2100 sq. ft.

MANPOWER:

- One post graduate with specialization or diploma/ Certificate Course in concerned branch recognized by CCIM.
- Two Therapy Technicians (one male and one female).
- One Pharmacist.
- Two Nursing Orderlies.
- One Sweeper.

List of equipments required for establishing regimental therapy.

I – Dalak Unit

1. Massage Table (wooden/ fibre) LxBxH =7x7x2.5 ft. = 4 Nos.

2.	Geyser	= 4 Nos.
3.	Hot fomentation instruments (Steam chamber)	= 4 Nos.
4.	Gas Stove (Heating apparatus)	= 4 Nos.
5.	Shower (Cubic in different material)	= 4 Nos.
6.	Computer with all accessories.	= 4 Nos.
7.	Dry and massage for Mechanical massage	= 4 Nos.
8.	Exercisers of different types.	= 4 Nos.
9.	Weighing machine	= 1 No.
10.	Ultra red lamp for heating.	= 1 No.
11.	2.75 hp0 Max motor	= 1 No.
12.	Cushion desk (foldable)	= 1 No.
13.	68 kgs. Frame weight sturdiness	= 1 No.

Pattern of Dalak may be adopted for FASAD (Venisection), Taelex (Leeching), Reyazat (exercises) and Hajamat (cupping). Modern Innovations.

II) **HAMAM UNIT**

Accommodation:

i)	Office cum record room.	=	200 sq. ft.
ii)	OPD Room	=	200 sq. ft.
iii)	Therapy Section	=	1000 sq. ft.
iv)	Space for 10 beds (five male and five female)		
	i.e. 300 sq. ft. each.	=	600 sq. ft.
v)	Change room	=	200 sq. ft.
vi)	Toilets and bathroom 03 each.	=	200 sq. ft.

MANPOWER:

- 2 degree holder doctors.
- One Pharmacist
- One Multi Purpose Worker.
- 02 therapy technician one male and one female.
- Four paramedical staff.
- Four therapist (2 male and 2 female).

Equipments Required for Hamam

1. Office table with chairs.

2. Revolving stool.
3. Examination table with mattress.
4. General diagnostic instruments (B.P. apparatus), stethoscope, ENT box etc.).
5. Benches for patients.
6. Almirah.
7. Emergency light/ inverter and Generator (Big).
8. Medical or surgical instruments generally required in a clinic.
9. Refrigerator.
10. Reference books with stationery items.
11. Computer with accessories.

3. **MATAB (CLINIC)**

Matab means only medical advice and prescription.

(a) **Specification:-**

i) Accommodation:

Room with good ventilation	=	200 sq. ft.
Waiting Room	=	200 sq. ft.
Lavatory	=	100 sq. ft.

ii) **Furniture/ equipment:**

1. Official Chair	=	One No.
2. Stool	=	One No.
3. Table	=	One No.
4. Examination Table	=	One No.
5. Side screen	=	One No.
6. Needle Cutter	=	One No.
7. Weighing machine	=	One No.
8. Tongue Depressor	=	One No.
9. Stethoscope	=	One No.
10. B.P. Apparatus	=	One No.
11. Thermometer	=	One No.
12. Meter tape	=	One No.
13. Good lighting arrangement.		

14. Heating and cooling system.
15. Safe Drinking Water System.
16. Dust bin

In case of Female Pharmacist attend by Male Consultant a Female attendant shall accompany.

iii) **MANPOWER:**

One graduate having BUMS/ BAMS/ BHMS recognized by CCIM and registration by J&K Board of Ayurvedic and Unani Medicine/J&K Homoeopathic Board.

Two helpers/ multipurpose workers.

One Sweeper.

General Conditions:

1. The intending persons shall apply for registration of pvt. AYUSH Nursing Homes/Pvt. Hospitals/Clinical establishment to the supervising authority appointed by Govt. under section 4 of J&K Nursing Homes and clinical establishment Act 1963 with all requisite documents.
2. Every clinic will have to give an affidavit to the registering authority that they shall not indulge in prenatal sex determination of fetus and illegal trade of narcotics. The clinic is simply for providing medi-care to the people according to the rules and regulations laid down by the government and maintain day to day register of OPD/IPD.
3. The doctors registered for one system of medicine shall not prescribe the medicines of other systems of medicine.
4. No institution registered for one purpose shall perform other health care for which it is not registered.
5. The ADMO AYUSH shall be empowered to take punitive action against the defaulter working in their jurisdiction on reference, shall if necessary take help of police to close down such establishment which are functioning without registration and license.
6. Registration for all clinics is also mandatory. Any clinic run by registered practitioners and not fulfilling the prescribed norms shall be 3months time

to make up the deficiency and at the end of the prescribed time action shall be initiated including closing down of the clinic.

7. The AYUSH health care establishment shall be inspected by AYUSH authorities periodically (at least once a year) for verification of the prescribed standards.
8. The license granted shall be valid for a period of one year beginning from 31st of march of the year in which such license is granted and can be got renewed on the application alongwith prescribed fee and necessary documents.
9. The following fee structure shall be adapted by the AYUSH doctors:-

Graduate with BUMS/BAMS/BHMS/	= Rs. 50/-
Graduate with PG and above qualification.	= Rs. 75/-
B-grade Specialist/ Asstt. Professor	= Rs. 100/-
A-grade Specialist/ Associate Professor	= Rs. 150/-

Note:-

1. Fee charged for two visits in 15 days.

Registration and License to establish /carry on a Nursing

Homes/Private Hospital /clinical establishment /Specialized

Therapy Centers

(See section 4 of Act No.xxxix of 1963.)

1. Number of Licence _____
2. Date of issue _____
3. The _____ Nursing Home/
Hospital/Clinical Establishment/Specialized Therapy Center.
Situatd at _____ registered under
No. _____ with _____ under the
Name/title _____ is hereby licensed to
establish/ carry on said _____ subject to the conditions
Applicable to this licence.
4. The license shall be inforce from _____ to _____.
5. The license shall be subject to the conditions laid down in J&K
Nursing Homes & Clinical establishment Act 1963 a norms laid
down vide Govt.order No. _____ dt _____ and
other laws/rules orders in force and such office conditions as may
be specified from time to time in the rule/norms made under aforesaid
Act.

Signature _____

Name and Designation _____

Licensing Authority. _____

Conditions of Licence

1. The licensee shall abide by provisions of J&K Nursing Homes & Clinical Establishments Act, 1963, Normes laid down by Govt. in the behalf and other laws / rules / orders in force viz. PNDT Act/rules, etc.
2. The licence and any certificate of renewal in force shall be displayed at conspicuous place in the approved premises and the original shall be produced at the request of supervising authority appointed under J&K Nursing Homes & Clinical Establishments Act. 1963.
3. Any change in the Nursing Homes & Clinical establishments in respect infrastructure technical staff. Forthwith respected to the licensing Authority.
4. The Nursing Homes / clinical Establishment shall not be used for unsocial or immoral purposes.
5. The sanitary & hygienic condition of Nursing Homes/ Clinical establishments should be proper.
6. The Nursing Home shall keep records of persons received and accommodated & Intimates to concerned authorities all births, deaths and miscarriages happening therein. Such statistics shall be transmitted each month, besides an annual report to concerned authorities.
7. The Clinical establishments shall keep records of person investigated or treated therein. Such statistics shall be forwarded each month to concerned authorities.
8. The Nursing Home/ Clinical establishments shall not indulge in pre-natal sex determination of foetus.